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Form Number: CA 141-38

DECLARED TRAINING ORGANISATION (DTO) TRAINING PROGRAM - TRAINING SYLLABUS WCM LICENCE

NOTES:

DTO Training Programme and Syllabi

141.08.13 A DTO training programme if not already contained in the applicable regulations and technical standards shall include at least the following information-

- the aim of the course;
- (b) crediting of previous experience and pre-entry requirements, including appropriate procedures for a student that wish to complete his or her training after having started at a different training organisation:
- a list of all air and FSTD exercises to be taught, including a description of the objective of each exercise;
- a syllabus summary if applicable;
- the structure and content of the theoretical knowledge instruction; (e)
- the structure of the entire course and integration of theoretical knowledge instruction, FSTD and flight training; and
- student progress checks for theoretical knowledge and flight training, as appropriate.
- 1. This training program can be copied and included in the DTO Procedures Manual as Appendices.

APPENDIX A - SYLLABUS OF THEORETICAL KNOWLEDGE FOR THE WCM LICENCE

	ITEM DESCRIPTION	WCM
<u>1.</u>	Aim of training course	
	The aim of the course is to train a candidate to the level of proficiency required for the issue of a category rating for Weight-shift Controlled Microlight aeroplanes, and to provide the training necessary to act as pilot-in-command of any Weight-shift Controlled Microlight aeroplane for which he or she holds a valid type rating, engaged in non-revenue flights under visual flight rules.	1

<u>2.</u>	THEORETICAL KNOWLEDGE COURSE	✓
2.1	The theoretical knowledge course must cover the subjects as detailed in the syllabus:	
	Principles of Flight	✓
	Aviation Legislation	✓
	Aviation Meteorology	✓
	 Aircraft Engines, Airframes and Instruments 	✓
	General Navigation	✓
	Human Performance Limitations and Passenger care	✓
	Restricted Radio Telephony Operator's Certificate as prescribed in AIC 30.	✓
	The theoretical knowledge course must cover the subjects as detailed in the syllabus:	✓
<u>3.</u>	THEORETICAL KNOWLEDGE COURSE SYLLABUS	
	3.1 PRINCIPLE OF FLIGHT:	✓
	3.1.1 GENERAL:	
	> PHYSICS AND MECHANICS	✓
	Speed, velocity, force	
	Pressure – Bernoulli's Principle	
	Motion of body along a curved path	
Note:	The student must have a good understanding of the speed squared law as applicable to Lift with specific reference to gusts and lulls, and their effecton your flight path.	
	> AEROFOILS, LIFT AND DRAG	✓
	Air resistance and air density	
	Aerofoil shapes	
	Lift and drag – Angle of attack and airspeed	
	Distribution of lift, Centre of pressure	
	Drag – Induced, parasite – Form, skin, interference	
	Lift/drag ratio and aspect ratio	
	Wake turbulence	
	> EQUILIBRIUM	✓
	The four forces: Lift, weight, thrust and drag	
	Centre of gravity (C of G) position	
	The balance of the four forces: Straight & Level	
	Climbing	
	Descending	
	> STABILITY	✓
	Positive, neutral, negative	
	Lateral and directional stability	
	Longitudinal stability	
	Wash-out	
L	- Truoii out	

<u>3.</u>	THEORETICAL KNOWLEDGE COURSE SYLLABUS	
	3.1 PRINCIPLE OF FLIGHT:	
	3.1.1 GENERAL:	✓
	> LOOSE FORMATION/ GROUP FLYING	✓
	Law Governing	
	Procedures and hazards	
	> TURNING FLIGHT	✓
	The forces in the turn	
	Compensation for loss of lift	
	> THE STALL	✓
	Airflow separation	
	Stalling angle – Relationship to airspeed	
	Wing loading	
	Wing loading increase with bank angle increase	
	High-speed stall	
	> AIRCRAFT PERFORMANCE	✓
	Power curves	
	Effect of temperature, altitude, density, moisture etc.	
	Range and endurance	
	Climbing performance Rate of climb	
	Angle of climb	
	Take-off and landing performance Take-off run available	
	Take-off distance available Landing distance available	
	Take-off and initial climb - performance effect of –	
	o wind, wind gradient and wind shear	
	 weight, pressure, altitude, temperature and density & ground surface and gradient 	
	Approach and landing – performance Effect of –	
	o wind, wind gradient and wind shear	
	o weight	
	 turbulence and gusts and ground effect 	
	3.1.1 PRINCIPLE OF FLIGHT – WEIGHT SHIFT CONTROL SPECIFIC	✓
	> FLYING CONTROLS	√
	The three axes: Vertical, Lateral, Longitudinal	
	Yaw, & Pitch, Roll	
	Operation and function of the base-bar	
	Operation and function of thrust	
	 Principles and purpose of mass distribution 	
	Principles and effect of changes to the following:	
	hang point,	
	batten bungee tension,	
	batten shapes	
	wing-tip washout	
	reflex	
	Operation and function of billow shift and roach	
	Loss of bar movement in advanced spiral dive	
	 reflex Operation and function of billow shift and roach 	

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<u>3.</u>	THEORETICAL KNOWLEDGE COURSE SYLLABUS	
	3.1 PRINCIPLE OF FLIGHT:	✓
	3.1.1 GENERAL:	
	> AEROFOILS, LIFT AND DRAG	✓
	 Distribution of lift, Centre of pressure with specific reference to swept back, washed 	
	out, flex wings with reflex	
	> WEIGHT AND BALANCE	✓
	Limitations on aircraft weight	
	Limitations in relation to aircraft balance	
	Weight and Centre of gravity calculations	
	> THE STALL	✓
	Progressive stall characteristics of swept back washed out wing	
	Whip Stall - tumble	
	> PERFORMANCE	✓
	Performance of wing in rain	
	Pendulum effect @ Rotation	
	 Pilot induced oscillations (P.I.O.), Causes, symptoms and recovery. 	
	> STABILITY	✓
	Relationship of gross weight to	
	control in pitch	
	control in turbulence	
	Luff lines	
	Reflex	
	Swept back wings	
	> LOAD FACTOR AND MANOEUVRES	✓
	Manoeuvring speed limitations (gusty conditions)	
	Effect on stalling speed	
	Effect on glide slope	
	Effect on base-bar trim position	
	Effect on approach slope and round out technique	
	3.2 AIR LAW:	✓
	Applicable acts, regulations and other documents	
	Structure and function of CAR's, CATS AIP's, Notams, AIC's and AIPsupplements.	
	Classification of aircraft	
	Aircraft documentation	
	Aircraft equipment	
	Aircraft radio equipment	
	Aircraft weight schedule	
	Documents to be carried on board	
	Documents and records to be maintained and produced on request	
	Offences in relating to documents and records	
	Airworthiness aspects	
	Flight crew licensing	
	Microlight aeroplane pilot - Privileges and limitations	
	Microlight aeroplane ratings	
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	Personal flying logbook	
	Airspace classification	
	General flight rules	
	Visual flight rules	
	Special flight rules	
	Flight operations	
	General provisions	
	Air traffic services	
	Flight plans	
	Air-proximity reporting procedures	
	Incident/accident reporting	
	International operations	
	Operation of Non-type certified aircraft	
	Marine living resources act and Proclaimed nature reserves	
	3.3 AVIATION METEOROLOGY:	✓
	THE ATMOSPHERE	✓
	Composition and structure	
	Vertical divisions	
	PRESSURE, DENSITY AND TEMPERATURE	✓
	Barometric pressure, isobars	
	Changes of pressure, density and temperature with altitude	
	Solar and terrestrial energy radiation, temperature	
	Lapse rate	
	Stability and instability	
	Effects of radiation, advection subsidence and c	
	HUMIDITY AND PRECIPITATION	✓
	Water vapor in the atmosphere	
	Dew point and relative humidity	
	PRESSURE AND WIND	✓
	High- and low-pressure areas	
	Gradient wind	
	Vertical and horizontal motion	
	Effect of wind gradient and windshear on take-off and landing	
	Relationship between isobars and wind, Buys Ballot's law	
	Turbulence and gustiness	
	Local winds, land and sea breezes, berg winds, valley winds	
	CLOUD FORMATION	✓
	Cloud types	
	Convection clouds	
	Orographic clouds Stratiform and cumulus clouds	
<u> </u>	Stratiform and cumulus clouds VISIBILITY	─
	Fog, mist and haze Padiation advertise fronts!	
	Radiation, advection, frontal	
	Formation and dispersal Particular of visibility due to mint or your product of the deep due to the deep	
	Reduction of visibility due to mist, snow, smoke, dust and sand	
	Hazards of flight due to low visibility, horizontal and vertical	

<u>3.</u>	THEORETICAL KNOWLEDGE COURSE SYLLABUS	
	3.3 AVIATION METEOROLOGY:	✓
	• AIRMASSES	✓
	 Weather associated with pressure systems 	
	• FRONTS	✓
	Formation of cold and warm fronts	
	 Associated clouds and weather, cold front 	
	ICE ACCRETION	✓
	Conditions conducive to ice formation	
	Effects of hoar frost, rime ice, clear ice	
	Effects of icing on microlight performance	
	Precautions and avoidance of icing conditions	
	Powerplant icing	
	THUNDERSTORMS	✓
	Formation - airmasses, frontal, orographic	
	Conditions required	
	Development process	
	Recognition of favourable conditions for formation	
	Hazards	
	Effects of lightning and severe turbulence	
	Avoidance of flight in the vicinity of thunderstorms	
	FLIGHT OVER MOUNTAINOUS AREAS	✓
	Hazards	
	Influence of terrain on atmospheric processes	
	Mountain waves, windshear, turbulence, vertical movement, rotor effects	
	CLIMATOLOGY	✓
	General world circulation	
	South African summer patterns	
	South African winter patterns	
	The South Westerly Buster	
	The Cape Doctor	
	The Black South Easter	
	ALTIMETRY	✓
	Operational aspects of pressure settings	
	Pressure altitude, density altitude	
	Height, altitude, flight level	
	THE METEOROLOGICAL ORGANISATION	✓
	Forecasting service	
	WEATHER ANALYSIS AND FORECASTING	√
	Weather charts, symbols, signs	
	Significant weather charts	
	Prognostic charts for general aviation	
	WEATHER INFORMATION FOR FLIGHT PLANNING	✓
	Reports and forecasts for departure, en route, destination and alternate(s)	
	Interpretation of coded information METAR, TAFA	
	availability of ground reports for surface wind, windshear, visibility	

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METEOROLOGICAL BROADCASTS FOR AVIATION - ATIS, SIGMET	✓
MICRO-METEOROLOGY	✓
Rotors	
Venturis	
Katabatic and Anabatic winds	
Thermal activity	
Dust devils	
The immediate environment.	
Wind indicators	
Cloud forms	
Topography	
Dams	
3.4 AIRCRAFT ENGINES, AIRFRAMES AND INSTRUMENTS:	
> AIRCRAFT AIRFRAME	✓
UNDERCARRIAGE	
Structure	
Materials	
Wear and tear considerations	
WING	
Structure	
Materials	
Wear and tear considerations	
Repairs	
■ Sail assessment	
■ Wind	
■ UV	
■ Turbulence	
■ Hard Landings	
> POWERPLANT AND SYSTEMS	✓
Engines – general	
principles of 2 and 4 stroke engines	
Maintenance	
o spark plug replacement	
o air-filter cleaning	
o cooling system	
 V-belt adjustment 	
o gearbox oil change	
o renewing carb rubbers	
o adjusting idle	
o exhaust springs	
o manufacturer maintenance schedule	
Lubrication	
Ignition systems	
Carburetion and Fuel system	
Principles of float type carburettor	
o Fuel-bypass (choke)	
Recognition of faulty mixture	
Maria de la compansión de	
Methods to maintaining correct mixture ratio	

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Carburettor jetting and needle and seat inspection	
Balancing carburettors	
Carburettor icing	
Emergency use of Fuel-bypass (choke)	
• Fuel	
o Types	
o Suitability	
Hazards of avgas	
o Contamination	
Fuel strainers and drains	
o Fire hazards	
o containers	
o transportation	
o de-canting	
Electrical system	
o general	
o batteries	
o circuit breakers and fuses	
o recognizing malfunctions	
> PROPELLER	✓
nomenclature	
construction, shape and types	
forces on blades	
designs	
effect of blade pitch changes	
maintenance and care	
tracking	
> INSTRUMENTS	✓
Airspeed indicator	
Altimeter	
• VSI	
Magnetic compass	
Precautions when carrying magnetic objects	
• Errors	
Engine instruments	
Temperature and pressure gauges	
Digital instruments	
RPM	
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3.5 GENERAL NAVIGATION:	✓
> FORM OF THE EARTH	✓
Axis, poles	
Meridians of longitude	
Parallels of latitude	
> DIRECTION	✓
True north	
 Earth's magnetic field, variation annual change 	
Magnetic north	
Magnetic influences within the microlight	
Compass deviation	
Turning, acceleration errors	
 Avoiding magnetic interference with the compass 	
> DISTANCE	✓
Nautical mile, statute mile, kilometre	
> AERONAUTICAL MAPS AND CHARTS (TOPOGRAPHICAL)	✓
Projections and their properties	
Scale	
ICAO 1:250 000 and 1: 500 000 charts	
main properties	
Scale	
depiction of height	
 Topography 	
Relief	
Cultural features	
Aeronautical symbols	
Aeronautical information	
> CHARTS IN PRACTICAL NAVIGATION	✓
Plotting positions	
Latitude and longitude	
Bearing and distance	
Use of navigation protractor	
Measurement of tracks and distances	
Conversion of units	
Magnetic north	
Magnetic influences within the microlight	
Compass deviation	
Turning, acceleration errors	
 Avoiding magnetic interference with the compass 	

> PRINCIPLES OF NAVIGATION	✓
IAS, RAS (CAS) and TAS	
Track, true and magnetic	
Wind velocity, heading and ground speed	
Triangle of velocities	
Calculation of heading and ground speed	
Drift, wind correction angle	
EET and ETA	
Dead reckoning, position, fix	
> FLIGHT PLANNING	✓
Selection of charts	
Route and aerodrome weather forecasts and reports	
Assessing the weather situation	
Plotting the route	
Considerations of controlled airspace, airspace restrictions, danger areas, etc.	
Use of AIP and NOTAMS	
ATC liaison procedures in controlled airspace	
Fuel considerations	
En-route safety altitude(s)	
Alternate aerodromes	
Communications and radio/navaid frequencies	
Compilation of flight log	
Compilation of ATC flight plan	
Selection of check points, time and distance marks	
	•

> PRACTICAL NAVIGATION	✓
Compass headings, use of deviation card	
Organisation of in-flight workload	
Departure procedure	
Maintenance of heading and altitude	
Use of visual observations	
Establishing position, checkpoints	
Revisions to heading and ETA	
Arrival procedures, ATC liaison	
Use of minute marker graph.	
➢ GLOBAL POSITIONING SYSTEM (GPS)	✓
Limitations	
Application	
Principles	
Presentation and interpretation	
Coverage	
Errors and accuracy	
Factors affecting reliability and accuracy	
Legalities	
3.6 HUMAN PERFORMANCE LIMITATIONS AND PASSENGER CARE:	

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3.6.1 HUMAN PERFORMANCE LIMITATIONS:	✓
> INTRODUCTION	✓
 Oxygen 	
о Нурохіа	
 Hyperventilation 	
 Barotraumas 	
Common ailments	
Decompression	
Air sickness	
Hearing	
Sight	
Toxic hazards	
Blood pressure	
Epilepsy	
Alcohol and drugs	
Knowledge and the senses	
Disorientation	
Avoiding the air proximity	
• Stress	
Management of stress	
Emotional factors	
Social psychology	
The Ego Factor	
o Intermediate syndrome	

<u>3</u> .	6.2 PASSENGER CARE:	✓
>	Embarking / Disembarking	
A	Seatbelt and comfort	
A	→ Briefing	
	Open cockpit flying	
	clothing, long hair and security	
	cameras and loose articles	
>	Human performance limitation as applicable to your passenger	
A	Eye-contact and communication	
4	Air law as applicable to passengers	
>	Passenger seat and flying control access	
A	Signing of indemnities	

APPENDIX B - PRACTICAL TRAINING SYLLABUS OF FLIGHT INSTRUCTION FOR WCM

EXERCISE	ITEM DESCRIPTION	WCM
Exercise 1	Familiarisation with the aircraft	✓
	Characteristics of the aircraft	
	Cockpit layout	
	➢ Systems	
	➤ Check lists, drills, controls	
Exercise 1E	Emergency drills	✓
	Action in the event of fire on the ground and in the air	
	➤ Engine cabin and electrical system fire	
	> Systems failure	
	Escape drills, location and use of emergency equipment and exits	
Exercise 2	Preparation for and action after flight	✓
	Flight authorisation and aircraft acceptance	
	> serviceability documents	
	equipment required, maps, etc.	
	> external checks	
	> internal checks	
	harness, seat or rudder panel adjustments	
	> starting and warm up checks	
	> power checks	
	running down system checks and switching off the engine	
	parking, security and picketing (e.g. tie down)	
	completion of authorisation sheet and serviceability documents	
Exercise 3	Air experience	✓
	➤ Flight exercise (General)	
	introduce student to Aircraft Type Specific flight	
Exercise 3A	Air experience	✓
	Primary effects when laterally level and when banked	
	Secondary effects of power and control bar (pitch and bank)	
	> Effects of:	
	Airspeed	
	Slipstream	
	Power	
	Trimming controls	
	Other controls, as applicable	
	> Operation of:	
	Mixture control (If applicable)	
	Carburettor heat (If applicable)	
	Cabin heating/ventilation (If applicable)	
	> Airmanship	

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Exercise 5	<u>Taxiing</u>	✓
	➢ Pre-taxi checks	
	Starting, control of speed and stopping,	
	> Engine handling	
	Control of direction and turning	
	Turning in confined spaces	
	> Parking area procedure and precautions	
	➤ Effects of wind and use of flying controls,	
	➤ Effects of ground surface	
	> Freedom of rudder movement	
	Marshalling signals	
	> Instrument checks	
	 Air traffic control procedures 	
	> Airmanship	
Exercise 5E	<u>Emergencies</u>	✓
	Brake and steering failure	
	Taxi Emergencies	
	➤ Engine Emergencies	
Exercise 6	Straight and level	✓
	> At normal cruising power, attaining and maintaining straight and level flight	
	Flight at critically high airspeeds	
	 Demonstration of inherent stability, including recovering from PIO (Pilot Induced Oscillations) 	
	 Control in pitch, including use of trim 	
	➤ Lateral level, direction and balance, trim	
	At selected airspeeds (use of power)	
	During speed and configuration changes	
	Use of instruments for precision	
	Shutting down engine in flight, restarting engine in flight	
	> Airmanship	
Exercise 7	Climbing	✓
	Entry, maintaining the normal and max rate climb, levelling off	
	➤ Levelling off at selected altitudes	
	➤ En route climb (cruise climb)	
	> Recovery to normal climb	
	> Maximum angle of climb	
	Use of instruments for precision	
	> Airmanship	

Exercise 8	Descending	✓
	Entering, maintaining and levelling off	
	Levelling off at selected altitudes	
	Glide, powered and cruise descent (including effect of power and airspeed)	
	 Side slipping (Consideration of aircraft limitations) 	
	Use of instruments for precision flight	
	Airmanship	
Exercise 8	Side - slips	N/A
	➤ Effects of controls in a side slip	
	➤ Principles involved.	
	➤ Types of side slip.	
	➤ How exercise applies to flying	
	➤ Airmanship	
Exercise 9	Turning	✓
	Entry and maintaining medium level turns	
	Resuming straight flight	
	➤ Faults in the turn – (in correct pitch, bank, balance), corrections	
	Climbing turns	
	Descending turns	
	➤ Slipping turns (N/A)	
	Turns onto selected headings, use of gyro heading indicator and compass	
	Use of instruments for precision	
	> Airmanship	
Exercise 9	Descending and Climbing Turns	✓
NOTE:	Ideally, climbing turns should not exceed 15° bank angles, to optimize rate of climb	
	Entry and maintaining medium descending and climbing turns	
	Resuming straight and level flight	
	Turns onto selected headings, use of gyro heading indicator and compass	
	➤ Use of instruments	
	> Airmanship.	

Exercise 10A	Slow flight	✓
NOTE:	The objective is to improve the student's ability to recognise inadvertent flight at critically low speeds and provide practice in maintaining the aeroplane in balance while returning to normal airspeed.	
	> Safety checks	
	Introduction to slow flight	
	Controlled flight down to critically slow airspeed	
	Application of full power with correct attitude and balance to achieve normal climb speed	
	Airspeed recognition / trim speed	
	> Airmanship	
Exercise 10B	Stalling	✓
	> Safety checks	
	> Symptoms	
	> Recognition	
	Clean stall and recovery without power and with power	
	Recovery when a wing drops	
	Approach to stall in the approach to landing, with and without power,	
	> Airmanship	
Exercise 11	Spin avoidance/Spinning	N/A
	➤ Safety checks	
	 Stalling and recovery at the incipient spin stage (stall with excessive wing drop, about 45°) 	
	➤ Instructor induced distractions during the stall	
	➤ Airmanship	
NOTE 1:	At least two hours of stall awareness and spin avoidance flight training shall be completed during the course.	
NOTE 2:	Consideration of manoeuvre limitations and the need to refer to the aeroplane manual and mass and balance calculations.	

Exercise 12	Take-off and climb to downwind position	✓
	➤ Pre-take-off checks	
	➤ Into wind take-off	
	➤ Safeguarding the nosewheel	
	➤ Crosswind take-off	
	➤ Crosswind	
	Drills during and after take-off	
	Short take-off and soft field procedure/techniques including performance calculations	
	Noise abatement procedures	
	Airmanship	
Exercise 13	Circuit, approach and landing	✓
	➢ Circuit procedures, downwind, base leg	
	Powered approach and landing	
	➤ Crosswind Landings	
	Crosswind approach techniques	
	➤ Safeguarding the nose wheel	
	effect of wind on approach and touchdown speeds	
	crosswind approach and landing	
	➢ glide approach and landing	
	short landing and soft field procedures/techniques	
	wheel landing (tail wheel aeroplanes/gyroplanes)	
	> missed approach/go around	
	> noise abatement procedures	
	> Airmanship	
Exercise 12/13E	<u>Emergencies</u>	✓
	> aborted take-off	
	➤ engine failure after take-off	
	engine shutdown and restarting in flight	
	➢ go-around	
Exercise 14	<u>First solo</u>	✓
NOTE:	During flights immediately following the solo circuit consolidation the following should be revised.	
	Instructor's briefing, observation of flight and de-briefing	
	➤ The local area, restrictions, map reading	
	➤ Use of radio aids for homing	
	 Turns using magnetic compass, compass errors 	
	> Airmanship	

Exercise 15	Advanced turning	✓
	> steep turns (45°), level and descending	
	stalling in the turn and recovery	
	recoveries from unusual altitudes, including spiral dives	
	Airmanship	
Exercise 16	Forced landing without power	✓
	forced landing procedure	
	choice of landing area, provision for change of plan	
	gliding distance	
	descent plan	
	key positions	
	engine cooling	
	engine failure checks	
	> use of radio	
	➤ base leg	
	➢ final approach	
	> landing	
	forced landing with power	
	> actions after landing	
	Airmanship	
Exercise 17A	Low level flying	✓
	Safety considerations	
	Selection of the appropriate speed and configuration	
	Awareness of the danger factors and their recognition	
	Transition to low level flight	
	Control of speed and height	
	Following ground contours	
Exercise 17B	Precautionary landing	✓
	full procedure away from aerodrome to break-off height	
	occasions necessitating	
	➤ in-flight conditions	
	> landing area selection	
	> normal aerodrome	
	> disused aerodrome	
	> ordinary field	
	circuit and approach	
	> actions after landing	
	> Airmanship	

Exercise 18 A	<u>Navigation</u>	✓
	Flight planning	
	weather forecast and actuals	
	map selection and preparation	
	- choice of route	
	- controlled airspace	
	 danger, prohibited and restricted areas 	
	- safety altitudes	
	• calculations	
	 magnetic heading(s) and time(s) en route 	
	- fuel consumption	
	- mass and balance	
	- mass and performance	
	- flight information	
	- NOTAMS etc.	
	- Radio frequencies	
	- Selection of alternate aerodromes	
	Aeroplane documentation	
	Notification of the flight	
	- pre-flight administrative procedures	
	- Flight plan form	
	Departure	
	organisation of cockpit workload	
	departure procedures	
	- altimeter settings	
	ATC liaison in controlled/regulated airspace	
	- setting heading procedure	
	- noting of ETAs	
	maintenance of altitude and heading	
	revisions of ETA and heading	
	• log keeping	
	• use of radio	
	use of navaids	
	minimum weather conditions for continuation of flight	
	• in-flight decisions	

Exercise 18 A	Navigation problems at lower levels and in reduced visibility	✓
	 transiting controlled/regulated airspace 	
	diversion procedures	
	 uncertainty of position procedure 	
	lost procedure	
	Arrival, aerodrome joining procedure	
	 ATC liaison in controlled/regulated airspace 	
	altimeter setting	
	entering the traffic pattern	
	circuit procedures	
	• parking	
	 security of aeroplane/aircraft 	
	• refuelling	
	closing of flight plan, if appropriate	
	 post-flight administrative procedures 	
Exercise 18 B	Navigation problems at lower levels and in reduced visibility	✓
	 actions prior to descending 	
	 hazards (e.g. obstacles, and terrain) 	
	difficulties of map reading	
	effects of wind and turbulence	
	 vertical situational awareness (avoidance of controlled flight into terrain) 	
	avoidance of noise sensitive areas	
	Joining the circuit	
	bad weather circuit and landing	
Exercise 18C	Navigation (Other)	✓
	Navigation with GPS	
	Navigation with Efis	
Exercise 19	Basic instrument flight	
	(Not applicable to NPL training)	

APPENDIX C - THEORETICAL TRAINING SYLLABUS FOR WCM INSTRUCTORS

1.	1. AIM OF TRAINING COURSE	✓
	The aim of the course is to train a candidate to the level of proficiency required for the issue of a Grade C	
	national flight instructors rating in the category Weight-shift Controlled Microlight Aeroplanes(WCM).	
2.	THEORETICAL KNOWLEDGE COURSE	✓
	Restricted Radio Telephony Operator's Certificate as prescribed in AIC 30.9	
3	THEORETICAL KNOWLEDGE COURSE SYLLABUS	✓
3	General	
3.1	PHYSICS AND MECHANICS	✓
	(a) Speed, velocity, force	
	(b) Pressure – Bernoulli's Principle	
	(c) Motion of body along a curved path	
	Note: The student must have a good understanding of the speed squared law as applicable to Lift with	
	specific reference to gusts and lulls, and their effect on your flight path.	
3.2	AEROFOILS, LIFT AND DRAG	✓
	(a) Air resistance and air density	
	(b) Aerofoil shapes	
	(c) Lift and drag – Angle of attack and airspeed	
	(d) Distribution of lift, Centre of pressure	
	(e) Drag – Induced, parasite – Form, skin, interference	
	(f) Lift/drag ratio and aspect ratio	
	(g) Wake turbulence	
3.3	EQUILIBRIUM	✓
	(a) The four forces: Lift, weight, thrust and drag	
	(b) Centre of gravity (C of G) position	
	(c) The balance of the four forces: Straight and level	
	i. Climbing	
	ii. Descending	
3.4	STABILITY	✓
	(a) Positive, neutral, negative	
	(b) Lateral and directional stability	
	(c) Longitudinal stability	
	(d) Wash-out	
3.5	LOOSE FORMATION/ GROUP FLYING	✓
	(a) Law Governing	
	(b) Procedures and hazards	
3.6	TURNING FLIGHT	✓
	(a) The forces in the turn	
	(b) Compensation for loss of lift	
3.7	THE STALL	✓
	(a) Airflow separation	
	(b) Stalling angle – Relationship to airspeed	
	(c) Wing loading	
	(d) Wing loading increase with bank angle increase	
	(e) High-speed stall	
	(f) Whip Stall	

3.8	AIRCRAFT PERFORMANCE	✓
	(a) Power curves	
	- Effect of temperature, altitude, density, moisture etc.	
	- Range and endurance	
	(b) Climbing performance	
	- Rate of climb	
	- Angle of climb	
	(c) - Take-off and landing performance	
	- Take-off run available	
	- Take-off distance available	
	- Landing distance available	
	(d) Take-off and initial climb - performance	
	Effect of –	
	- Wind, wind gradient and wind shear	
	- Weight	
	- Pressure, altitude, temperature and density	
	- Ground surface and gradient	
	(e) Approach and landing – performance	
	Effect of –	
	- Wind, wind gradient and wind shear	
	- Weight	
	- Turbulence and gusts	
	- Ground effect	
4	PRINCIPLES OF FLIGHT	✓
4.1	FLYING CONTROLS	✓
	(a) The three axes: Vertical, Lateral, Longitudinal	
	Yaw, Pitch, Roll	
	(b) Operation and function throttle and control bar	
	(c) Principles and purpose of mass and aerodynamic balance	
	(d) Operation and purpose of trimming controls	
4.2	WEIGHT AND BALANCE	✓
	(a) Limitations on aircraft weight	
	(b) Limitations in relation to aircraft balance	
	(c) Weight and centre of gravity calculations	
4.3	THE SPIN	N/A
	(a) Causes of a spin	
	(b) Autorotation	
	(c) Effect of the C of G on spinning characteristics	
4.4	PERFORMANCE	✓
	(a) take off and initial climb performance	
	(b) approach and landing performance – effect of use of flaps	
4.5	STABILITY	✓
	(a) Relationship of C of G to control in pitch	
4.6	LOAD FACTOR AND MANOEUVRES	✓
	(a) Definition of load factor – Vn envelope	
	(b) Effect on stalling speed	
	(c) In-flight precautions	
_		

5	Air Law	✓
_	(1) Applicable acts, regulations and other documents	•
	(2) Structure and function of CAR's, CATS AIP's, Notams, AIC's and AIP supplements.	
	(3) Classification of aircraft	
	(4) Aircraft documentation	
	(5) Aircraft equipment	
	(6) Aircraft radio equipment	
	(7) Aircraft weight schedule	
	(8) Documents to be carried on board	
	(9) Documents and records to be maintained and produced on request	
	(10) Offences in relating to documents and records	
	(11) Airworthiness aspects	
	(12) Flight crew licensing	
	(13) NPL - Privileges and limitations	
	(14) NPL aeroplane ratings and categories	
	(15) Personal flying logbook	
	(16) Airspace classification	
	(17) General flight rules	
	(18) Visual flight rules	
	(19) Special flight rules	
	(20) Flight operations	
-	(21) General provisions	
	(22) Air traffic services	
	(23) Flight plans	
	(24) Air-proximity reporting procedures	
	(25) Incident/accident reporting	
	(26) International operations	
	(27) Operation of Non-type certified aircraft	
	(28) Marine living resources act and Proclaimed nature reserves	
6	AVIATION METEOROLOGY	✓
6.1	THE ATMOSPHERE	✓
	(a) Composition and structure	
	(b) Vertical divisions	
6.2	PRESSURE, DENSITY AND TEMPERATURE	✓
	(a) Barometric pressure, isobars	
	(b) Changes of pressure, density and temperature with altitude	
	(c) Solar and terrestrial energy radiation, temperature	
	(d) Lapse rate	
	(e) Stability and instability	
	(f) Effects of radiation, advection subsidence and convergence	
6.3	HUMIDITY AND PRECIPITATION	1
0.0	(a) Water vapour in the atmosphere	
	(b) Dew point and relative humidity	
6.4	PRESSURE AND WIND	/
0.4	***************************************	Y
	(a) High- and low-pressure areas	
	(b) Gradient wind	
	(c) Vertical and horizontal motion	
	(d) Effect of wind gradient and windshear on take-off and landing	
	(e) Relationship between isobars and wind, Buys Ballot's law	
	(f) Turbulence and gustiness	
	(g) Local winds, land and sea breezes, berg winds, valley winds	
6.5	CLOUD FORMATION	√
	(a) Cloud types	
	(b) Convection clouds	
	(c) Orographic clouds	
	(d) Stratiform and cumulus clouds	
	1.4.4.	1

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6.6	VISIBILITY	✓
	(a) Fog, mist and haze	
	(b) Radiation, advection, frontal	
	(c) Formation and dispersal	
	(d) Reduction of visibility due to mist, snow, smoke, dust and sand	
	(e) Hazards of flight due to low visibility, horizontal and vertical	
6.7	AIRMASSES	✓
	(a) Weather associated with pressure systems	
6.8	FRONTS	✓
	(a) Formation of cold and warm fronts	
	(b) Associated clouds and weather, cold front	
6.9	ICE ACCRETION	✓
	(a) Conditions conducive to ice formation	
	(b) Effects of hoar frost, rime ice, clear ice	
	(c) Effects of icing on microlight performance	
	(d) Precautions and avoidance of icing conditions	
	(e) Powerplant icing	
6.10	THUNDERSTORMS	✓
	(a) Formation airmasses, frontal, orographic	
	(b) Conditions required	
	(c) Development process	
	(d) Recognition of favourable conditions for formation	
	(e) Hazards	
	(f) Effects of lightning and severe turbulence	
	(g) Avoidance of flight in the vicinity of thunderstorms	
6.11	FLIGHT OVER MOUNTAINOUS AREAS	✓
	(a) Hazards	
	(b) Influence of terrain on atmospheric processes	
	(c) Mountain waves, windshear, turbulence, vertical movement, rotor effects	
6.12	CLIMATOLOGY	✓
	(a) General world circulation	
	(b) South African summer patterns	
	(c) South African winter patterns	
	(d) The South Westerly Buster	
	(e) The Cape Doctor	
	(f) The Black South Easter	
6.13	ALTIMETRY	✓
0110	(a) Operational aspects of pressure settings	
	(b) Pressure altitude, density altitude	
	(c) Height, altitude, flight level	
6.14	THE METEOROLOGICAL ORGANISATION	✓
	(a) Forecasting service	
6.15	WEATHER ANALYSIS AND FORECASTING	✓
	(a) Weather charts, symbols, signs	
	(b) Significant weather charts	
	(c) Prognostic charts for general aviation	
6.16	WEATHER INFORMATION FOR FLIGHT PLANNING	✓
	(a) Reports and forecasts for departure, en route, destination and alternate(s)	
	(b) Interpretation of coded information METAR, TAFA	
	(c) availability of ground reports for surface wind, windshear, visibility	
	, , , , , , , ,	

6.17	METEOROLOGICAL BROADCASTS FOR AVIATION	✓
	ATIS, SIGMET	
	(18) MICRO-METEOROLOGY	
	(a) Rotors	
	(b) Venturies	
	(c) Katabatic and Anabatic winds	
	(d) Thermal activity	
	(e) Dust devils	
	(f) The immediate environment.	
	1. Wind indicators	
	2. Cloud forms	
	3. Topography	
7	AIRCRAFT ENGINES, AIRFRAMES AND INSTRUMENTS	✓
7.1	AIRCRAFT AIRFRAME	✓
	(a) Structure	
	(b) Materials (Steel, composite, dacron, aluminium, Stainless, Mylar, Carbon etc)	
	(c) Wear and tear considerations	
	- Repairs	
	- Sail assessment	
	- Wind	
	- UV	
	- Turbulence	
	- Hard Landings	
	- Causes of wear (vibration. Corrosion, UV, Turbulence, Hard landings, trailering)	
	- Suspension (Types eg. Steel, shocks, bungees, composite)	
	- Wheels and tires	
7.1	POWERPLANT AND SYSTEMS	✓
	(a) Engines –	
	The 4 stroke engines	
	- The principal of operation of the four-stroke engine.	
	- Operation of the inlet and exhaust valves	
	- The four-stroke Engine	
	- The principal of operation of the four-stroke engine.	
	Operation of the inlet and exhaust valves.	
	 	
	- The crankshaft and connecting rod.	
	- Piston and piston rings.	
	- Cylinders.	
	- Arrangement of cylinders.	
	- Cylinder head.	
	The 2-stroke Engine	
	- The construction of the 2-stroke engine.	
	- The operation of the 2-stroke engine and the 2-stroke cycle.	
	- The operation of the rotary valve. (Rotax 582, 618).	
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The fuel system.		
- The operation of the ca	rburettor.	
- The float and float char	nber.	
- The main jet.		
- The idle jet.		
- The power jet.		
- The choke system.		
- The throttle control.		
- The fuel filter.		
- The water trap.		
- The air filter.		
- Maintenance of the car	purettor.	
- The operation of the co	nstant-vacuum carburettor.(As per Rotax 912)	
-	ton-type carburettor.(As per Rotax 503, 582, 618)	
The cooling system		
- The operating principle	of the cooling system.	
- Coolants (glycol based)	, anti freeze.	
- The water pump, opera	ting principle and the tell-tail hole.	
- The pressure cap, oper	ating principle.	
- The thermostat, operati	ng principle.	
	problems associated with engine operatingtemperature too hot and too	
cold.		
- The radiator, operating		
	eader tank, operating principle.	
- The air-cooled engine of	perating principle.	
- The fan and fan belt.		
	eventative maintenance.	
The exhaust system		
•	tion of the exhaust, muffler, after-muffler.	
	nportance to the 2-stroke engine.	
-	ouild-up, when to de-coke, 2-stroke engines.	
- Exhaust springs, lockin		
- Checking for cracks an		
 Exhaust temperature m 	•	
	ttor heat and the exhaust.	
- The vibration mounting		
- Causes of vibration and	71	
- The purpose of the vibr	ation mounting.	
The Fuel System		
- Fuel storage		
- Water contamination.		
- Dirt contamination.		
- Aircraft fuel tanks		

Types of fuel	
- Octane number.	
- Avgas.	
- Types	
- Suitability	
- Hazards of avgas	
- Contamination	
- Fuel strainers and drains	
- Fire hazards	
- containers	
- transportation	
- de-canting	
Two-stroke oil	
- Outboard oil	
- Mixing ratios.	
Fuel hose and fittings	
- The fuel hose.	
- Braided fuel hose.	
- Hose clamps.	
- Rooting of fuel hose.	
Aircraft fuel tanks	
- Water trap position and operation.	
- Fuel tank caps and breathers.	
- Fuel cocks, and reserve fuel tanks.	
Fuel pumps, their construction and operation	
- Fuel pressure.	
- The electrical fuel pump.	
- The vacuum pump.	
- The hand-primer fuel pump.	
the combination of vacuum and electric fuel pumps.	
Layout of the complete fuel system	
- Carburettor.	
- Fuel filters.	
- Fuel water trap.	
- Fuel hosing.	
- Fuel taps/reserve.	
- Fuel tanks and breather systems.	
Carburettor icing	
- Theory of carburettor icing.	
Weather conditions conducive to carburettor icing.	
- Preventing carburettor icing.	
- Warning signs of carburettor icing.	

Service schedules and intervals	
- Air filter.	
- Fuel filter.	
- Cables and connecting linkages.	
- Carburettor flange/to inlet manifold.	
The oil lubrication system	
- The qualities of oil, engine oil, gear oil, 2-stroke oil.	
- Types: mineral and synthetic oils.	
- Oil grades and viscosity's.	
- The four functions of oil.	
The operation of the lubrication system of the 2-stroke engine.	
- The operation of the lubrication system of the 4-stroke engine.	
The operation of oil pressure relief valve, oil pressure min/max 4-strokeengine.	
- The oil pressure pump operation, 4-stroke engine.	
- The oil filter operation, 4-stroke engine.	
The oil filter checking for contamination, 4-stroke engine.	
- The automatic oil lubrication system, 2-stroke engine.	
- Mixing of 2-stroke oil.	
- Differences between wet and dry oil sump, 4-stroke engine.	
Oil and oil filter change schedules, 4-stroke engine.	
- Oil temperature, min/max, warm up, operating temperature.	
- Testing of water contamination, 2- and 4-stroke engines.	
Electrical system	
- general	
- batteries	
- circuit breakers and fuses	
- recognizing malfunctions	
- The battery basic principle of operation.	
- Battery maintenance.	
- The operating principle of the starter motor.	
- The rectifier regulator, operating principle.	
- The charging circuit.	
- The spark plug, types of spark plug hot/cold, long/short reach, electrode/gap setting, colour of	
electrodes, engine operating conditions (rich/lean, amount ofoil), problems associated with spark	
plugs, plug caps, high tension cables.	
The ignition circuit dual and single CDI (capacitor discharge ignition).	
- Points, condenser.	
- Fuses (correct fuses), values.	
- The earth straps and connections.	
- Preventative maintenance.	
- Service intervals.	

	The gear box and reduction gear	
	- Types of gear box and construction.	
	- The operating principle of the gear box.	
	- Engine-to-gear box coupling	
	- The slipper clutch, 4-stroke engine (Rotax 912/914).	
	Locking Wire	
	- The correct locking-wire procedures.	
	- Parts on the engine to be secured with locking wire.	
	- I dits on the engine to be secured with locking wife.	
7.2	PROPELLER	✓
	- The operational principle of the propeller	
	- Types of propeller: pusher, tractor.	
	- Fixed pitch, ground adjustable, in-flight adjustable	
	- Forces on blades	
	- The effects of incorrect pitch setting, out of balance, engine rpm	
	- Tracking and its effects if adjustment is incorrect	
	- Designs	
	- Effect of blade pitch changes	
	- Maintenance and care	
7.3	- Maintenance and care INSTRUMENTS	
1.3	(a) Airspeed indicator	
	(b) Altimeter	
	(c) VSI	
	(d) Magnetic compass	
	- Precautions when carrying magnetic objects	
	- Errors	
	(e) Engine instruments	
	(f) Temperature and pressure gauges	
	(g) Digital instruments	
	(h) RPM	
8	General Navigation	√
8.1	FORM OF THE EARTH	✓
	(a) Axis, poles	
	(b) Meridians of longitude	
8.2	(c) Parallels of latitude DIRECTION	
0.2	(a) True north	
	(b) Earth's magnetic field, variation [annual change	
	(c) Magnetic north	
	(d) Magnetic influences within the microlight	
	(e) Compass deviation	
	(f) Turning, acceleration errors	
	(g) Avoiding magnetic interference with the compass	
8.3	DISTANCE	✓
	(a) Nautical mile, statute mile, kilometre	

8.4	AERONAUTICAL MAPS AND CHARTS (TOPOGRAPHICAL)	✓
	(a) Projections and their properties	
	(b) Scale	
	(c) ICAO 1:250 000 and 1: 500 000 charts	
	(d) main properties	
	(e) Scale	
	(f) depiction of height	
	(g) Topography	
	(h) Relief	
	(i) Cultural features	
	(j) Aeronautical symbols	
	(k) Aeronautical information	
8.5	CHARTS IN PRACTICAL NAVIGATION	✓
	(a) Plotting positions	
	(b) Latitude and longitude	
	(c) Bearing and distance	
	(d) Use of navigation protractor	
	(e) Measurement of tracks and distances	
	(f) Conversion of units	
8.6	PRINCIPLES OF NAVIGATION	✓
	(a) IAS, RAS (CAS) and TAS	
	(b) Track, true and magnetic	
	(c) Wind velocity, heading and ground speed	
	(d) Triangle of velocities	
	(e) Calculation of heading and ground speed	
	(f) Drift, wind correction angle	
	(g) EET and ETA	
	(h) Dead reckoning, position, fix	
8.7	FLIGHT PLANNING	✓
	(a) Selection of charts	
	(b) Route and aerodrome weather forecasts and reports	
	(c) Assessing the weather situation	
	(d) Plotting the route	
	(e) Considerations of controlled airspace, airspace restrictions, danger areas, etc.	
	(f) Use of AIP and NOTAMS	
	(g) ATC liaison procedures in controlled airspace	
	(h) Fuel considerations	
	(i) En-route safety altitude(s)	
	(j) Alternate aerodromes	
	(k) Communications and radio/navaid frequencies	
	(I) Compilation of flight log	
	(m) Compilation of ATC flight plan	
	(n) Selection of check points, time and distance marks	

8.8	PRACTICAL NAVIGATION	✓
	(a) Compass headings, use of deviation card	
	(b) Organisation of in-flight workload	
	(c) Departure procedure	
	(d) Maintenance of heading and altitude	
	(e) Use of visual observations	
	(f) Establishing position, checkpoints	
	(g) Revisions to heading and ETA	
	(h) Arrival procedures, ATC liaison	
	(i) Use of minute marker graph.	
8.9	GLOBAL POSITIONING SYSTEM (GPS)	✓
	(a) Limitations	
	(b) Application	
	(c) Principles	
	(d) Presentation and interpretation	
	(e) Coverage	
	(f) Errors and accuracy	
	(g) Factors affecting reliability and accuracy	
	(h) Legalities	
9	HUMAN PERFORMANCE LIMITATIONS AND PASSENGER CARE	✓
9.1	HUMAN PERFORMANCE LIMITATIONS	✓
	(1) Introduction – Basic physiology	
	(2) Oxygen	
	(a) Hypoxia	
	(b) Hyperventilation	
	(3) Barotraumas	
	(4) Common ailments	
	(5) Decompression	
	(6) Air sickness	
	(7) Hearing	
	(8) Vision	
	(9) Toxic hazards	
	(10) Blood pressure	
	(11) Epilepsy	
	(12) Alcohol and drugs	
	(13) Knowledge and the senses	
	(14) Disorientation	
	(15) Avoiding the air proximity	
	(16) Stress	
	(18) Management of stress	
	(19) Emotional factors	
	(20) Social psychology and Emotional factors	
	(a) The Ego Factor	
	(b) Intermediate syndrome	
	(c) family and work-related problems	
	(d) Recognizing potential problems in your passenger	

9.2	PASSENGER CARE	
9.2		_
	(1) Embarking / Disembarking (2) Seatbelt and comfort	
	(3) Briefing	
	(a) Open cockpit flying	
	(b) clothing, long hair and security	
	(c) cameras and loose articles	
	(4) Human performance limitation as applicable to your passenger	
	(5) Eye-contact and communication	
	(6) Air law as applicable to passengers	
	(7) Passenger seat and flying control access	
	(8) Signing of indemnities	
10	PRINCIPLES OF FLIGHT INSTRUCTION	✓
	(1) The learning Process	
	(a) Characteristics of Learning	
	(b) The Principles of Learning	
	(c) Perception and Insight	
	(d) Memory	
	(e) Forgetting and Retention	
	(f) Transfer of Learning	
	(g) Levels of Learning	
	(h) Domains of Learning	
	(i) Learning skills and Learning curve	
	(2) Barriers to learning	
	(a) Self-concepts	
	(b) Defence mechanisms	
	(c) Stress and Anxiety	
	(d) The overconfident and impatient student	
	(3) Human behaviour and effective communication	
	(a) Human needs	
	(b) Motivation	
	(c) Effective communication	
	(d) Barriers to effective communication	
	(e) Instructor responsibilities	
	(f) Instructor professionalism	
	(4) Teaching Methods	
	(a) Lecture Method	
	(b) Co-operative of Group Learning Method	
	(c) Guided Discussion Method	
	(d) Demonstration / Performance Method	
-	(e) Computer based Training Method	
	(f) Integrated Method of Flight Instruction	
	(g) The Positive approach to Flight Instruction	
	(5)Planning Instructional Activity	
	(a) Course development	
	(b) Organization of material	
	(c) Lesson Plan	
	(d) Instructional Aids	
	(6) Critique and Evaluation	
	(a) The Instructor's Critique	
	(b) Types of Testing	
	(c) Oral Quizzing	
	(d) Types of Written Test Questions	
	(e) Characteristics of a Good Test	
	(f) Review and Evaluation	

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11	TECHNIQUES OF INSTRUCTION	✓
	(1) Practical lesson planning	✓
	(a) assessing student	
	(b) progressive practical skills planning	
	(c) assessing weather	
	(2) Familiarization with the practical training course for national pilots licence	✓
	(a) lesson codes	
	(b) familiarisation with lessons	
	(c) goals for each lesson	
	(3) Techniques	✓
	(a) Pre-empting known problem areas	
	(b) Eye height memory	
	(c) Teaching multi-tasking	
	(d) Handing over control	
	(e) Showing and doing technique	
	(4) Common problems in the training environment	
	(a) Identifying the formation of bad habits	
	(b) Repetition of mistakes	
	(c) Attitude problems	
	(d) Reckless behaviour	
	(e) Personality clashes	

APPENDIX D - PRACTICAL TRAINING SYLLABUS FOR WCM INSTRUCTORS

1	ADMINISTRATION	✓
	(1) Student training files	
	(2) Progress reports	
	(3) Logbooks	
	a. Student log book	
	b. Aircraft log book	
	c. Instructor log book	
	(4) Authorization sheets	
	(5) Application forms	
	(6) Medicals	
	(7) Maintenance of Instructor personal training file	
	(8) The filing, use and format of legislation, AIPs, AIP amendments, AIC's, Notams and other relevant	
	documents.	
2	GROUND SCHOOL	✓
	(1) Instructional aids	
	(2) Textbooks	
	(3) Additional notes	
	(4) Reference library	
	(5) Lecture methods and preparation	
	(6) Lecture schedules	
	(7) Student briefings	
	a. Pre-flight briefing	
	b. Post-flight briefing	
	c. Preparation for exams	
	d. After exams	
3	PATTER FLYING (WEIGHT-SHIFT CONTROLLED MICROLIGHT AEROPLANES)	✓
	In the case of a Grade C national flight instructor rating (weight-shift controlled microlight aeroplanes), patter	
	training to include the following exercises. All the patter flying will be with a Grade A instructor.	
	EXERCISE 1: FAMILIARISATION WITH THE AIRCRAFT	✓
	Aim: To become familiar with the component parts, controls and system of the aeroplane.	
	(1) characteristics of the aircraft	
	(2) cockpit layout	
	(3) systems	
	(4) check lists, drills, controls	
	EXERCISE 1 E: EMERGENCY DRILLS	✓
	EXERCISE 1 E: ACTION IN EVENT OF FIRE	✓
	Aim: Fire is extremely rare in modern microlight aeroplanes but it is essential that a pilot has a thorough	
	knowledge of the procedures to be adopted in his or her particular type of aeroplane in order to extinguish a	
	fire both on the ground and in the air.	
	(1) Identification of fire	
	(2) Isolation / extinguishing of fire	
	(3) Flight procedures / emergency actions	
	(4) Airmanship	

EXERCISE 1 E: RESTARTING THE ENGINE IN FLIGHT	✓
Aim: Engines could, at some time or another, stop whilst in flight. It is important that the candidate must	
show exceptional presence of mind in this situation, and be able to either take over from his student	
immediately, or guide him through it.	
Note: This exercise only to be attempted within easy glide of the training airfield and to be treated as a	
simulated emergency until the engine is successfully re-started.	
(1) Engine failure checks	
(2) Engine restart procedures	
(3) Airmanship	
EXERCISE 2: PREPARATION FOR, AND ACTION AFTER FLIGHT	✓
Aim: To explain how to prepare the aircraft and pilot for flight, and how to leave the aircraftafter flight.	
(1) Flight authorisation and aeroplane acceptance	
(2) Serviceability documents	
(3) Required equipment, maps, etc.	
(4) External checks	
(5) Internal checks	
(6) Seat, harness and controls adjustment	
(7) Starting and warming-up checks including safety, people, animals, aircraft and airlaw	
(8) Power checks	
(9) Action in the event of being blown over	
(10) Running down and switching off of engine	
(11) Parking, security and picketing; and	
(12) Completion of authorisation and flight folio sheets	
(13) Ground handling	
(14) Assessing student, communication and explanation of each aspect	
EXERCISE 4 : EFFECT OF CONTROLS	→
Aim: To explain and demonstrate how each control affects the aircraft in flight.	
(1) Methods of assessing aircraft attitude	+
(2) Primary effects when laterally level and when banked;	+
(3) Further effects of power and control bar	+
(a) airspeed	+
(b) slipstream	+
(c) power changes	+
(d) trimming of controls	+
(e) other control effects, as applicable (billow shift etc)	_
(4) Use of engine controls	+
(5) How much control to hand over to the student and when,	+
(6) How to get full control back from the student – action in the event of a student locking on controls.	-
(7) Typical errors to expect during type conversions.	-
(8) Airmanship	_

EXERCISE 5 : TAXIING	✓
Aim: To safely control the aeroplane while manoeuvring on the ground in different wind conditions and	on
different surfaces.	
(1) Pre-taxi checks	
(2) Starting, control of speed, and stopping	
(3) Engine handling	
(4) Control of direction and turns	
(5) Turns in confined spaces	
(6) Tail-wheel considerations (if applicable)	N/A
(7) Parking area procedure and precautions	
(8) Effects of wind and use of flying controls	
(9) Effects of ground surface	
(10) Freedom of rudder movement	N/A
(11) Marshalling signals	
(12) Instrument checks	
(13) Air traffic control procedures	
(15) Emergencies (brake and steering failure)	
(16) Typical problems with student co-ordination	
(17) What to expect from a student during type conversion.	
(18) Airmanship	
EXERCISE 6A : STRAIGHT AND LEVEL FLIGHT	
Aim: To attain and maintain flight in a straight line and at a constant altitude.	
(1) At normal cruising power, attaining and maintaining straight and level flight	
(2) Demonstration of inherent stability	
(3) Control in pitch, including use of trim	
(4) Lateral level, direction and balance, trim	
(5) At selected airspeeds (use of power)	
(6) During speed and configuration changes	
(7) Use of instruments.	
(8) Typical student problems and how to address them.	
(9) Airmanship	─ ✓
EXERCISE 6B: ADVANCED - LOOSE FORMATION / GROUP FLYING	
Aim: to safely fly in loose formation with other aircraft and know safe landing and taking off procedures	
(1) Positioning in front, behind or alongside other aircraft	
(2) Taking off and landing considerations	
(3) Turning	
(4) Wake turbulence	
(5) Awareness of other aircraft	
(6) Blind spots	
(7) Manoeuvres in front of other aircraft and their effect	
(8) Radio work	
(9) Common perception errors of students and how to rectify it.	
EXERCISE 7 : CLIMBING	✓
Aim: To enter and maintain a steady full-power climb and then return to level flight at a predetermined	
altitude, and to enter and maintain a steady cruise-climb.	
(1) Entry, maintaining the normal and maximum rate climb and levelling off	
(2) Levelling off at selected altitudes	
(3) En-route (cruise) climb	
(4) Maximum angle of climb	
(5) Use of instruments	
(6) Typical student problems and how to address it.	
(7) Airmanship	

EXERCISE 8: DESCENDING	✓
Aim: To enter and maintain a steady glide-descent and then, at a predetermined altitude, to return to level	✓
flight or to climb, and to enter and maintain a steady cruise descent.	
(1) Entry, maintaining and levelling off	
(2) Levelling off at selected altitudes	
(3) Glide, powered and cruise descent (including effect of power and airspeed)	
(4) Use of instruments for precision	
(5) Side-slipping	
(6) Typical student reactions and problems	
(7) Airmanship	
EXERCISE 8: SIDE-SLIPPING	N/A
Aim: The learner should be shown and become convinced of the effect of side-slipping on the relationship between heading and ground path. How this out-of-balance manoeuvre can be used to increase the rate of descent for a given airspeed and its usefulness in crosswind landings. (While the learner is learning how to use the controls during a side-slip, the exercise should be performed at altitude.) (1) Effects of controls in a side-slip	
(2) Principles involved	
(3) Types of side-slips	
(4) How exercise applies to flying	
(5) Common reactions and errors of students and how to rectify it	
(6) Airmanship	
EXERCISE 9: MEDIUM TURNS	✓
Aim: To enter and maintain a medium (up to approximately 30o bank angle) turn whilst maintaining level	✓
flight and then to return to straight and level flight on a new predetermined heading.	
(1) Entry and maintaining medium level turns	
(2) Resuming straight and level flight	
(3) Faults in the turn – balance	
(4) Turns onto selected headings, use of gps and compass (if applicable)	
(5) Use of instruments	
(6) Addressing typical student errors	
(7) Airmanship.	
EXERCISE 9 : DESCENDING AND CLIMBING TURNS	✓
Note: Ideally, climbing turns should not exceed 15 deg bank angles, to optimise rate of climb.	
Aim: To enter and maintain a medium (up to approximately 30o bank angle) turn whilst maintaining a climb	✓
or descent, or to enter and maintain a turn from a straight climb or descent.	
(1) Entry and maintaining medium descending and climbing turns	
(2) Resuming straight and level flight	
(3) Faults in the turn – balance	
(4) Turns onto selected headings, use of gyro heading indicator and compass	
(5) Use of instruments	
(6) Addressing typical student errors	
(7) Airmanship.	

EXE	RCISE 9 : SLIPPING TURNS	N/A
Note	e: A thorough explanation of the side slip characterises of different wings must be explained, and if	
poss	ible, demonstrated.	
Aim:	: To understand the initiation of a slipping turn and know when it is appropriate.	
(1) U	lse of controls to induce and recover from a slipping turn	
(2) H	leight loss in a slipping turn	
(3) R	Recovery from a slipping turn	
(4) R	Recognizing disorientation in the student	
(5) P	Pre-empting reactions from students and formulating appropriate responses	
(6) A	irmanship	
EXE	RCISE 10 A. SLOW FLIGHT	✓
The	objective is to improve the learner's ability to recognise inadvertent flight at critically low speeds and	✓
	ide practice in maintaining the microlight aeroplane in balance should this situation occur.	
(1) S	afety checks	
(2) Ir	ntroduction to slow flight	
(3) C	Controlled flight	
	(a) clean at stall speed plus 10 MPH	
	pplication of full power with correct attitude to achieve level speed	
	ypical student problems and addressing them	
	irmanship.	
	RCISE 10 B: STALLING	
Aim	: To recognise and enter a fully-developed stall from various modes of flight both straight and turning,	✓
and f	to recover with minimum height-loss to a safe flight mode; to become familiar with the 'feel' of the	
aero	plane in slow flight just above the stall speed; and to recognise the symptoms of the incipient stall and	
to re	store the aeroplane to safe flight before the stall occurs.	
(1) A	irmanship	
(2) S	afety checks	
(3) S	lymptoms	
(4) R	Recognition	
(5) C	Clean stall and recovery without power and with power	
(6) R	Recovery when a wing drops	
	pproach to stall in the approach configuration, with and without power	
	fter engine failure while climbing steeply at full power	
	Inderstanding student reluctance and gradually building confidence.	
(10)	Pre-empting reactions from students and formulating appropriate responses	
EXE	RCISE 11– SPINNING & SPIN AVOIDANCE (GROUND LECTURE ONLY)	N/A
	: To understand and recognise the onset of situations that may lead to an inadvertent spin, and to learn	
	to instinctively take the necessary control actions to effect a recovery back to normal flight condition	
befor	re a spin occurs; i.e.: to recover at the incipient stage.	
(1) C	Cause of spin	
	Recognition of incipient spin	
	Recovery from the incipient spin	
	Inderstanding student reluctance and gradually building confidence.	
	Recognizing disorientation in the student	
	Pre-empting reactions from students and formulating appropriate responses	
	irmanship	

EXERCISE 12 : TAKE OFF AND CLIMB TO DOWNWIND POSITION	✓
Aim: To safely take-off and climb the aeroplane to position on the downwind leg at circuit height; to land	✓
safely in the event of an engine failure after take-off or at any time in the circuit; and to decide against	
continuation of the take-off – taking the appropriate action – if for some reason continuation would be	
unsafe.	
(1) Pre-take-off checks	
(2) Factors affecting the length of the take-off roll and the initial climb	
(3) Into wind take-off	
(4) Nose wheel considerations	
(5) Drills during and after take-off	
(6) Short take-off and soft-field procedures / techniques, including performance calculations	
(7) Undulating (rough field) considerations	
(8) Aborted take-off	
(9) Engine failure after take-off up to early downwind	
(10) Addressing typical student errors	
(11) Airmanship	
EXERCISE 13: CIRCUIT, APPROACH AND LANDING	✓
Aim: To fly an accurate circuit and carry out a safe approach and landing.	✓
(1) Circuit procedures, downwind, base leg, key points	
(2) Powered approach and landing	
(3) Nose wheel / tail wheel considerations	
(4) Effect of wind on approach and touchdown speeds	
(5) Glide approach and landing	
(6) Short-landing and soft-field procedures / techniques	
(7) Go-around / Bulked landings	
(8) Correcting bad approaches	
a. Hot and high	
b. Low and slow	
(11) The hold-off period and touch-down	
(12) Effect of ground surface and gradient on the landing run	
(13) Use of brakes (if applicable)	
(14) Control during ground run	
(15) Addressing typical student errors	
(16) Airmanship	
EXERCISE 12 & 13 E: CROSS-WIND TAKE-OFF AND LANDING	✓
Aim: To be able to handle both cross-wind take-offs and landings, including downwind landings in an	✓
emergency; to be able to input the correct amount of control to correct drift to ensure the track is a	
continuation of the take-off and landing path of the aeroplane.	
(1) Aerodynamic and mechanical considerations	
(2) Cross-wind take-offs	
(3) The circuit	
(4) Approach and cross-wind landings	
a. crabbing method	
(5) Addressing typical student errors	
(6) Airmanship	

EXERCISE 12 & 13 E : RESTARTING THE ENGINE IN FLIGHT	✓
Aim: Engines could, at some time or another, stop whilst in flight. It is important that the candidate must	✓
show exceptional presence of mind in this situation, and be able to either take over from his student	
immediately, or guide him through it.	
Note: This exercise only to be attempted within easy glide of the training airfield and to be treated as a	
simulated emergency until the engine is successfully re-started.	
(1) Engine failure checks	
(2) Engine restart procedures	
(3) Airmanship	
EXERCISE 12 & 13 E: RECOVERY FROM PILOT INDUCED OSCILLATIONS	✓
Aim: To identify the situation where PIO can occur and rectify it.	
(1) Demonstrate the cause of Pilot Induced Oscillations	
(2) Recognition of symptoms of Pilot Induced Oscillations	
(3) Recover from PIO	
(4) Most common situations of PIO	
a. Rotation and early climb out	
b. finals	
(5) Recognising when the student is entering PIO	
(6) Addressing typical student errors and taking control from the student	
(7) Airmanship	
EXERCISE 12 & 13 E: UNUSUAL AND DANGEROUS ATTITUDES / CONDITIONS	✓
Aim: To recognise potentially dangerous conditions of flight and to recover safely from unusual attitudes,	✓
with the emphasis of situations where a student may inadvertently cause unusual and dangerous attitude,	
how to recognize the onset and correct timorously	
(1) Recovery from inadvertent mishandling of controls –	
(b) at high speeds	
(c) in stall recovery in various configurations	
(d) in a steep turn	
(e) following hitting wake turbulence in a 360° steep turn at 45° to 60° bank angles	
(f) in high nose whip stall attitude	
(g) typical reactions of students, and how to manage them	
(2) Airmanship	
EXERCISE 15: ADVANCED TURNING (STEEP TURNS)	
Aim: To carry out a co-ordinated level turn at steep angles of bank and to recognise and recover from a	✓
spiral dive; and to avoid wake turbulence.	
(1) Steep 360° turns (up to 45° bank angle) maintaining altitude, recovering to straight and level flight.	
(2) Steep descending turns (up to 60° bank angle), completing a minimum of 2 complete orbits, without	
engine power and without entering spiral dive, then recovering to straight and level flight.	
(3) Wake turbulence / disorientation	
(4) Stalling in the turn and recovery	
(5) Recoveries from unusual attitudes, including spiral dives	
(6) Understanding student reluctance and gradually building confidence.	
(7) Recognizing disorientation in the student	
(8) Pre-empting reactions from students and formulating appropriate responses	
(9) Airmanship	

EXERCISE 16: FORCED LANDING WITHOUT POWER	✓
Aim: To carry out a safe descent and landing in the event of the engine failing during flight. To be practiced	✓
at the training airfield, outside of the circuit pattern. The touch down must be no more than 25m before or	
after a point chosen by the candidate, and verbally conveyed to the patter instructor before commencement.	
(1) Forced-landing procedure	
(2) Choice of landing area, provision for change of plan	
(3) Gliding distance	
(4) Descent plan	
(5) Key positions	
(6) Engine cooling	
(7) Use of radio, Mayday call	
(8) Base leg	
(9) Final approach	
(10) Landing	
(11) Actions after landing	
(12) Techniques of building student confidence.	
(13) Airmanship	
EXERCISE 17 A: LOW LEVEL FLYING	✓
Aim: To safely operate the aeroplane at heights lower than those normally used.	
(1) Emphasis on regulations governing low flying	
(2) Low-level familiarisation	
(3) Effect of drift	
(4) Effect of wind on ground speed	
(5) Effect of wind in inducing apparent skids and slips in turns	N/A
(6) Effect of precipitation (as applicable to type)	,, .
(7) Joining circuit in poor weather	
(8) Bad-weather circuit	
(9) Addressing typical student errors	
(10) Airmanship	
EXERCISE 17 B: PRECAUTIONARY LANDINGS	√
Aim: A precautionary landing is one not contemplated before the flight commenced and where engine	✓
power is still available, enabling the pilot the opportunity of selecting and inspecting a suitable landing area	
before executing a landing in an unfamiliar place.	
(1) Occasions necessitating	
(2) Full procedure away from aerodrome to break-off height	
(3) In-flight conditions	
(4) Landing area selection -	
a. normal aerodrome;	
b. disused aerodrome	
c. ordinary field.	
d. habitation for after-landing assistance	
(5) Inspection of landing area	
(6) Circuit and approach	
(7) PAN call	
(8) Actions after landing	
(9) Specific emphasis on areas where students are generally weak.	
(10) Airmanship	
(10) Airmanomp	

	EXERCISE 18 A: NAVIGATION	✓
	Aim: To fly accurately and safely in VMC under VFR conditions, a predetermined route (CAR 62.04.2 (1) (a)	✓
	and (b) without infringing the rules governing regulated airspace. To fly from one place to another using	
	simple pilot navigation techniques, whilst relying on the minimum of artificial aids.	
	(1) Flight planning	
	a. weather forecast and actuals	
	b. map selection and preparation	
	i. choice of route	
	ii. controlled airspace	
	iii. danger, prohibited and restricted areas	
	iv. safety altitudes	
	c. Calculations	
	i. magnetic heading(s) and time(s) en route	
	ii. fuel consumption	
	iii. mass and balance (If applicable)	
	d. Flight information	
	i. NOTAMS etc.	
	ii. radio frequencies	
	iii. selection of alternate aerodromes	
	e. aeroplane documentation	
	f. notification of the flight	
	i. pre-flight administrative procedures	
	ii. flight plan form	
	(2) Departure	
	a. Organisation of cockpit workload	
	b. Departure procedures	
	i. altimeter settings	
	ii. ATC liaison in controlled/regulated airspace	
	iii. setting heading procedure	
	iv. noting of ETAs	
	c. Maintenance of altitude and heading	
	d. Revisions of ETA and heading	
	e. Log keeping	
	f. Use of radio	
	g. Use of navaids (GPS etc)	
	h. Minimum weather conditions for continuation of flight	
	i. In-flight decisions	
	j. transiting controlled/regulated airspace	
	k. diversion procedures	
	I. uncertainty of position procedure	
	m. Lost procedure	
	(3) Arrival, aerodrome joining procedure	
	a. ATC liaison in controlled/regulated airspace	
	b. altimeter setting	
 	d. circuit procedures	
\vdash	e. parking	
	f. security of aeroplane/aircraft	
	g. refuelling	
	h. closing of flight plan, if appropriate	
	i. post-flight administrative procedures	<u>_</u>
	·	

	EXERCISE 18 B: NAVIGATION PROBLEMS AT LOWER LEVELS AND IN REDUCED VISIBILITY	✓
	Aim: To fly the aircraft safely at low levels and to observe the misleading visual effects caused by strong	
	winds at low levels	
	(1) Actions prior to descending	
	(2) Hazards (e.g. obstacles, and terrain)	
	(3) Difficulties of map reading	
	(4) Effects of wind and turbulence	
	(5) Vertical situational awareness (avoidance of controlled flight into terrain)	
	(6) Avoidance of noise sensitive areas	
	(7) Joining the circuit	
	(8) Bad weather circuit and landing EXERCISE 18 C: NAVIGATION (OTHER)	-/
		•
	(1) Navigation with GPS	
	(2) Navigation with Efis	
	EXERCISE 19 : BASIC INSTRUMENT FLYING (N/A)	
4	PRACTICAL AIRCRAFT WORK (WEIGHT-SHIFT CONTROLLED MICROLIGHT)	V
	In the case of a Grade C recreational flight instructor rating practical aircraft work covering the following:	V
	(1) Pre-flight	V
	Aim: To enhance pre-flight ability and the ability to encourage systematic, thorough and regular pre-flights	•
	on a variety of aircraft	
	(1) Airframe	
	a. Symmetry	
	b. Materials	
	c. Control surfaces	
	d. suspension	
	e. steering f. brackets	
	g. Instrument console, including power supply to instruments, intercom, radio and aerial connections.	
	h. engine mount i. wheels and tyres	
	j. brakes	
	k. tubing I. cables	
	m. seats and seatbelts	
	n. fuel-tank	
	o. battery	
	(2) Engine, exhaust and gearbox	
	a. Oil leaks	
	b. Spark plug caps	
	c. Cables and electrical wiring	
	d. Carb rubbers	1
	e. Fan belt / Radiator / Cooling system	
	f. Exhaust blow-by	
	g. Exhaust springs	
	h. Air filters	
	i. Carburettors	
	(3) Systems	
	a. Fuel system	
	b. Electrical system	
<u> </u>		1

(2) Basic engine maintenance	✓
(1) Spark plug changes	
(2) Main jets, needle jets and jet needles	
(3) Balancing carburettors	
(4) Replacing carb rubbers	
(5) Cleaning air filters	
(6) Replacing fuel filters	
(7) Adjusting fan belts	
(8) When to call the AP or Mechanic	
(3) Propellor	✓
(1) Replacing	
(2) Torque	
(3) Track	
(4) Pitch and Track adjustments	
(4) Advanced wing work	✓
(1) Adjusting Pitch pressure	
(2) Adjusting wing for turning problems	
(3) Adjusting roll stability	
(4) Adjusting hang point position	
(5) Adjusting trim	
(6) Batton profiling	
(7) When to call the AP or Wing Man	
(5) Rigging and de-rigging	✓
De-rigging without damage	
(1) Cable, sail, bracket and tube protection	
(2) Trailoring without damage	
(3) Rigging without damage	
(4) Special techniques and considerations	